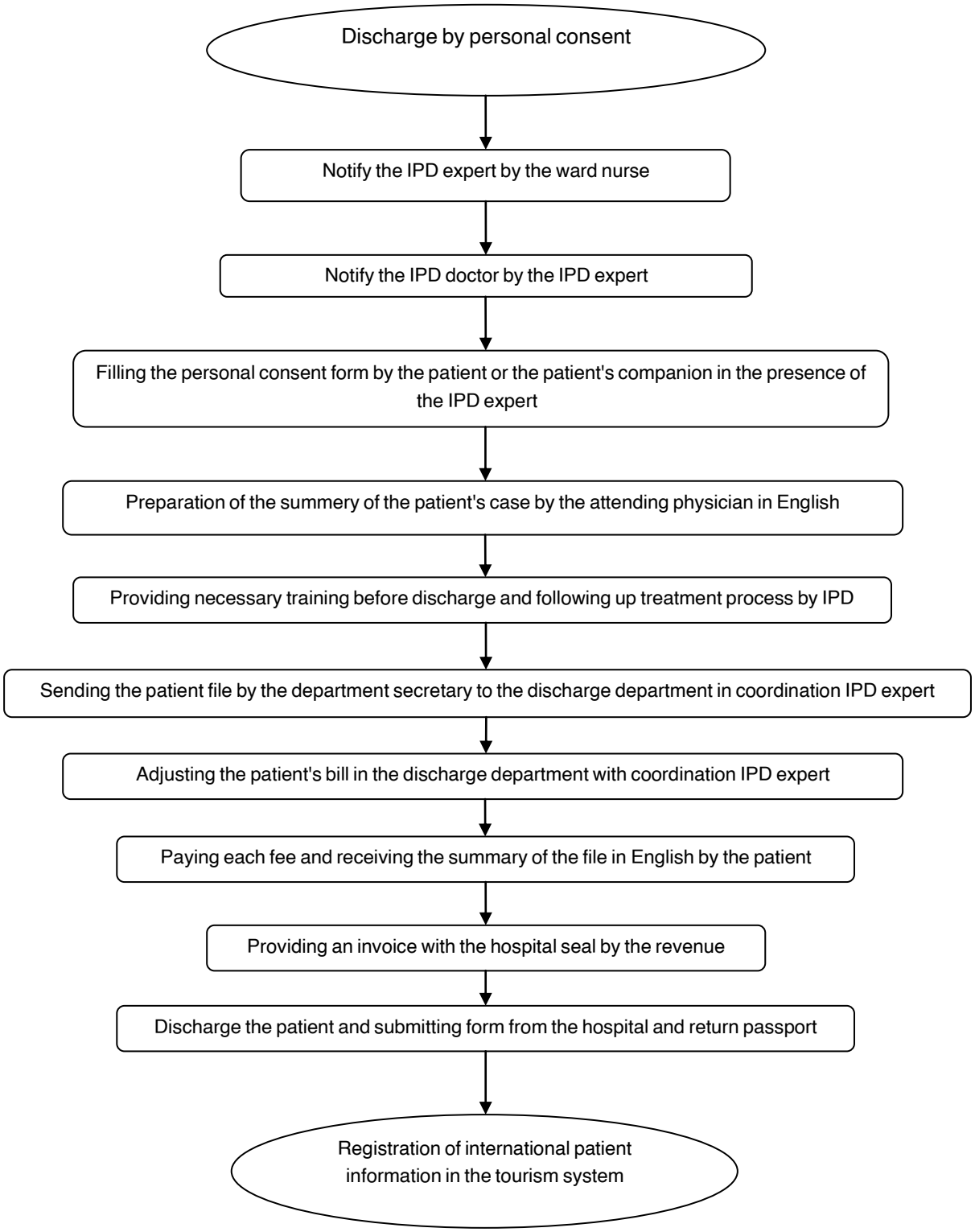International patient discharge process by personal consent